

CROWN GREEN BOWLS - A BEGINNERS GUIDE

Crown Green Bowls is a non-contact sport which can be enjoyed by all ages and gender, including people with disabilities. It is probably the only sport where a nine-year-old can play a ninety-year-old in a competitive game.

Crown Green Bowls is mainly played outdoors on a GRASS SURFACE (green) between two players. To play the game you will need a SET OF BOWLS (two) of not less than 907gms (2lb) in weight, a STANDARD JACK (which will become your target bowl) and a FOOTER (mat) which must be round in shape. The Bowls and Standard Jack have a bias which will make them turn as they travel across the green.

The aim of the game is to get your bowls as close as possible to the target bowl, commonly known as 'the jack'. To begin the game, the mat is placed one metre from the edge of the green. The Leader must place their foot on the mat and roll the jack which must travel in any direction across the green to at least 19 metres from the centre of the mat. This will be known as 'a mark'. If the jack fails to reach 19 metres, or falls off the green, it will be deemed 'not a mark' and the jack will be returned to the Leader's opponent to set a mark.

Once a mark has been set the players take it in turns to send their bowls until all bowls have been played. A player gets one point for each of their bowls that is closer to the jack than their opponent's closest bowl.

Games are usually played up to 21 (21up). The first player to reach 21 is declared the winner.

Crown Green Bowls can be played on artificial surfaces and on indoor arenas. The game can be adapted to formats (i.e. Doubles, 31up).